



# District Track & Field

## Class 1 District 8

May, 4th 2024

King City High School



### Field Events

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#### 9:30 AM

Shot Put (B)  
Triple Jump (G)  
Pole Vault (G)  
Javelin (G)  
High Jump (B)

#### 11:00 AM

Javelin (B)  
Discus (G)  
Triple Jump (B)  
Long Jump (G)

#### 12:30 PM

Discus (B)  
Shot Put (G)  
Pole Vault (B)  
High Jump (G)  
Long Jump (B)

### Running Events

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10:30 AM	Boys	4x800m Relay	Final (Box Alley Start)
	Girls	4x800m Relay	Final (Box Alley Start)
11:00 AM	Boys	110m Hurdles	Final (Heats v. Time)
	Girls	100m Hurdles	Final (Heats v. Time)
11:25 AM	Boys	100m Dash	Final (Heats v. Time)
	Girls	100m Dash	Final (Heats v. Time)
11:40 AM	Boys	4x200m Relay	Final (Heats v. Time)
	Girls	4x200m Relay	Final (Heats v. Time)
12:05 PM	Boys	1600m Run	Final (Box Alley Start)
	Girls	1600m Run	Final (Box Alley Start)
12:20 PM	Boys	4x100m Relay	Final (Heats v. Time)
	Girls	4x100m Relay	Final (Heats v. Time)
12:40 PM	Boys	400m Dash	Final (Heats v. Time)
	Girls	400m Dash	Final (Heats v. Time)
1:00 PM	Boys	300m Hurdles	Final (Heats v. Time)
	Girls	300m Hurdles	Final (Heats v. Time)
1:20 PM	Boys	800m Run	Final (Box Alley Start)
	Girls	800m Run	Final (Box Alley Start)
1:30 PM	Boys	200m Dash	Final (Heats v. Time)
	Girls	200m Dash	Final (Heats v. Time)
1:55 PM	Boys	3200m Run	Final (Box Alley Start)
	Girls	3200m Run	Final (Box Alley Start)
2:25 PM	Boys	4x400m Relay	Final (3-Turn Stagger, Heats v. Time)
	Girls	4x400m Relay	Final (3-Turn Stagger, Heats v. Time)